

1.00.00	Dislivello		Km		Tempo		Risultato		kg. 79+22+8	Assistenza stimata	Watt assistenza	Watt muscolari	Kg.79+8
	progr.	tratto	progr.	tratto	progr.	tratto	Pendenza	Km/h	Watt Tot.				Watt Tot.
SALITA													
La villa	1437		0,000		0.00.00								
Passo Campolongo	1875	438	9,700	9,700	0.32.07	0.32.07	4,52%	18,12	322	200%	215	107	262
Arabba	1605		13,500		0.37.05								
Passo Pordoi	2233	628	22,900	9,400	1.06.06	0.29.01	6,68%	19,44	474	170%	299	176	385
Bivio Lupo B.	1815		29,200		1.15.05								
Passo Sella	2244	429	34,800	5,600	1.32.56	0.17.51	7,66%	18,82	512	170%	322	190	415
Bivio Plan de Gralba	1878		40,100		1.39.54								
Passo Gardena	2122	244	45,800	5,700	1.55.39	0.15.45	4,28%	21,71	384	200%	256	128	315
Totale		1739		30,400		1.34.44	5,72%	19,25	414		276	138	336